

Your Name: \_\_\_\_\_

Title: \_\_\_\_\_

Practice/Organization Name: \_\_\_\_\_

NPI Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Telephone #: \_\_\_\_\_

Name of your system vendor, clearinghouse and/or billing service and contact data you may have for them:

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Email your completed form to us at [ICD-10testing@floridablue.com](mailto:ICD-10testing@floridablue.com)

Note: It is critical to successful testing that we collaborate with both providers and their vendors who enable ICD-10 transactions for their clients.

# ICD-10 Phase I Testing Mental Health: Clinical Dx Scenarios

## INSTRUCTIONS

1. Print this form in order to complete it by hand.
2. Complete your contact information at left of form.
3. Select up to six (6) scenarios below for practice coding.
4. Instruct your medical coder(s) to complete this document by coding your selected scenarios first using ICD-9 Dx codes followed by ICD-10 Dx codes. Be sure coder(s) understand they are to code in ICD-10 from the selected clinical scenarios vs. coding from ICD-9 to ICD-10 (mapping).
5. Scan and return by email your completed form to [ICD-10testing@floridablue.com](mailto:ICD-10testing@floridablue.com). If you do not have access to a scanner and would like to return your form to us via fax, please fax to 904-997-5571, Attn: Martina Fiorelli.
6. Within two weeks of receipt, Florida Blue will review your completed coding document and provide you with observations for scenarios that we have identified as a potential impact to claims adjudication.

NOTE: If you prefer, you may contact Florida Blue via email [ICD-10testing@floridablue.com](mailto:ICD-10testing@floridablue.com) and you will be provided an Excel spreadsheet on which you can view and code these same scenarios.

Scenario #	Scenario Description	ICD-9 Code	ICD-9 Description	ICD-10 Code	ICD-10 Description
S012	<p>The patient is a 67-year-old man referred to this office by his primary care physician. He recently became a widower and lives alone. According to the patient's daughter, the patient is irritable, has no appetite, is unable to sleep at night, has difficulty making decisions, and exhibits a loss of interest in going out with friends. He was found to be clinically depressed.</p> <p><b>Recommendation includes</b> antidepressant medication, along with individual and group psychotherapy 3X per week. Nursing care is ordered to assess his compliance with newly prescribed antidepressants and to assess the patient's psychological status and coping skills.</p> <p><b>Impressions:</b> Depression.</p>				
S104	<p>A 30-year-old female patient was referred to this office by her primary care physician for a psychiatric evaluation. She presents with complaints of worriedness, nervousness, frequent cold sweats, and tiredness, trouble concentrating especially at work, sleeplessness, hopelessness, loss of appetite, sadness, and occasional suicidal thoughts. A comprehensive psychiatric evaluation and interview was conducted. During this process, a detailed personal history of development, life events, emotions, behaviors, and the identified stressful events are obtained. A stressful event identified is that her parents separated when her mother became severely ill with stage 4 colon cancer. She became the care-giver and primary provider at the same time.</p> <p><b>Treatment options recommended are</b> individual counselling as well as group therapy.</p> <p><b>Impression:</b> Adjustment disorder with mixed anxiety and depressed mood.</p>				

Scenario #	Scenario Description	ICD-9 Code	ICD-9 Description	ICD-10 Code	ICD-10 Description
S105	<p>A 19-year-old male college student is referred to this office for further evaluation of his behavioral conditions. He struggles to maintain focus, does not follow instructions and fails to finish chores/tasks. He also has difficulty organizing tasks and activities, is easily distracted, talks excessively, has problems remaining seated and working quietly, fidgets and squirms in seat, and interrupts discussions. Based on the symptoms presented, an in-depth diagnostic interview and assessment was conducted, which included a neuropsychological test.</p> <p><b>The treatment recommendation includes</b> cognitive-behavioral therapy, pharmacotherapy, psycho-education of ADHD and comorbid disorders, coaching, and family therapy.</p> <p><b>Impression:</b> Attention deficit, hyperactivity disorder.</p>				
S106	<p>A 20-year-old male comes into office for a routine follow up visit for attention deficit disorder. He was diagnosed at the age of 6. He complains that he is not receiving the help that he needs through his current treatment. He states that he is having difficulty concentrating and remaining on task including trouble organizing activities while pursuing his college studies. In addition, he says that his current medication (Strattera) is unsuccessful with helping him maintain concentration and his memory when involved in completing tasks and assignments.</p> <p><b>A physical and mental evaluation/assessment is performed and recommendation includes</b> increasing medication and continued compliance with prescribed doses. Also, referral was made to include psychotherapy treatment. Follow up in 6 months to re-evaluate.</p> <p><b>Impression:</b> Attention deficit disorder, inattentive type.</p>				
S107	<p>A 26-year-old female returns to the office today with continued complaints of uncontrolled anxiety. She was recently diagnosed with adjustment disorder with anxiety due to a stressful life event that occurred 8 months ago. She states that she has been consistent with her psychotherapy sessions and feels that she has benefited by making lifestyle changes and learning healthy coping skills. However, she has since noticed prolonged periods of nervousness, feeling overwhelmed, difficulty concentrating and extreme worriedness which interferes with her daily routine of caring for her family. A physical and psychological assessment was performed.</p> <p><b>Plan includes</b> continued therapy sessions and implementing short term anti-anxiety medication (alprazolam) (Xanax 0.25 mg tabs) 3-4 times daily. Follow up appointment scheduled for 4 weeks or if problems persist or worsen call office immediately</p> <p><b>Impression:</b> Adjustment disorder with anxiety</p>				

Scenario #	Scenario Description	ICD-9 Code	ICD-9 Description	ICD-10 Code	ICD-10 Description
S108	<p>A 68-year-old male established patient diagnosed with anxiety comes in today for a follow-up. He currently takes Paxil CR one a day for his anxiety. Anxiety appears well controlled on current medication.</p> <p><b>Plan is to</b> continue with Paxil CR once daily. Contact our office immediately if there are concerns.</p> <p><b>Impressions:</b> Anxiety.</p>				