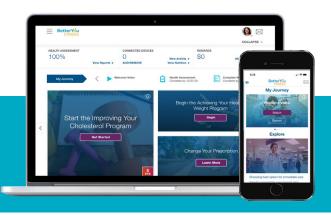


Start Your Journey to Better Health!



Take strides toward better health today.

Register now for Better You Strides, a personal wellness program that creates a custom-made plan to help you meet your health and wellness goals. Registering takes just a few steps.

Online

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r <u>Virtuel Assistant</u> is here to help you.		View More 🗸
Good afternoon, Omar!		ID: #XU8H14620762
bood unternoon, onnar.		View My Member ID Card
Find Care Near Me		
Search by Provider, Facility or Condition	City, State or Zip Code	
Q		Swarch

Step 1.

Log in to your member account at floridablue.com. Click **Health & Wellness**, then **Better You Strides**.

First Namo"		Last Name*	Date of Bi	th'			
Rhea		England	08/06/16	76			
Street Address*		City'	State*		Postal'		
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How Can We Re	ach V	0.12*					
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Best time to reach you							
Select Time Zone'				Select Time Range'			
Central Time (US & Canada) (SMT-06.00)		•	No Preferences				

Step 3.

Choose your communications preferences.

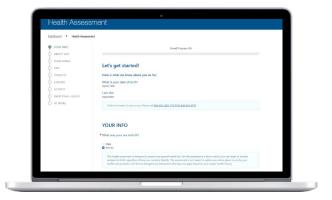


Give us a call at 800-352-2583.

Jser Agreement	Espa
The Effective Date of this Terms of Service is May 1, 2010 and is updated as of 11/03/2015	
This Terms of Service ("Agreement") is entered into by and between Online (Health, Inc. ("ONLIFE") and you, the user " agreemen your used this Online Health, but, intermet well as and initiate information, uture, and other content on their available on the World Wide Web at the Uniform Resource Locator ("URL") <u>http://www.Dolf.eHealth.com</u> ("Onlife'Health and the other on the World Wide Web at the Uniform Resource Locator ("URL") <u>http://www.Dolf.eHealth.com</u> ("Onlife'Health and the other o	web site ("Content"). The web site is
 Agreement with Onlife Health. ONLIFE hereby grants you a limited, non-exclusive, non-assignable and non-tran the on-time services available at OnlifeHealth.com, provided and expressly conditioned on your agreement and conditions in this Agreement. This isones may be revealed by Onlife Health in whice or in part, at any time, with 	satisfaction of the terms and
 Access. Certain portions of OnlifeHealth.com and certain Content will be accessible only to users previously idi established by ONLIFE ("Registered Users") based on information provided by them or on their behalf. You may 	entified to ONLIFE who meet criteria y not access such portions of
By checking this box, you adenowledge you have read and agree	to the full user agreement as stated abo
Canoel Back	
@2019 Onlife Health, Inc. All rights reserved.	

Step 2.

Read and Accept the Terms of Service.



Step 4. Complete your Personal Health Assessment.

From the AlwaysOn mobile app

Step 1.

Scan the QR code from your favorite app store to download the AlwaysOn Wellness mobile app. Click **New User?**. To view the AlwaysOn mobile app in Spanish, change the language setting on your smart phone to Spanish **before** downloading the app.

Step 3.

Complete the authentication steps. You'll be asked to enter your Group number, which you'll find on your member ID. If you don't have your member ID card, just log into your Florida Blue account to download a copy of your card or access it from the Florida Blue app.



Apple App Store



Step 2.

Enter your name, date of birth and zip code. Click **Verify.**



Step 4.

Enter a user name, password, mobile phone number and email address. Accept the terms of service, then create your PIN.



Now you've got everything you need to start taking strides toward better health!



QUESTIONS?

If you have questions or need help registering for Better You Strides, call **800-352-2583.**

Florida Blue 💩 🕅 floridablue.com

Florida Blue has entered into an arrangement with Onlife to provide members with care decision support services, information and other services. Please remember that all decisions that require or pertain to independent professional medical/clinical judgment or training, or the need for medical services, are solely your responsibility and the responsibility of your Physicians and other health care Providers. The programs mentioned above are subject to change. We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans. App Store is a service mark of Apple Inc. Google Play is a trademark of Google Inc.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-352-2583 (TTY: 1-877-955-8773). ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-352-2583 (TTY: 1-800-955-8770).