Review your plan benefits and find out where you stand with your deductible.

Find a doctor or hospital in your plan’s network and details such as hospital quality ratings, or special programs doctors participate in, the doctor’s age and gender, and reviews by patients.

Compare and estimate your costs for office visits, imaging services and surgeries so you know before you go.

Compare drug prices with the Pharmacy Shopping Tool.

View claim activity, status and history.

Create a Personal Health Record so your doctor visits and lab results are all in one secure place.

Access your monthly health statement—which gives you an overview of savings, claims and expenses.

Print a temporary ID card or request a new member ID card.

Take your Personal Health Assessment to get a clear picture of your health status and create action plans that work with your personal needs and lifestyle.

Use the Health Assistant to set personal health goals, choose activities, create plans and track your progress in areas like exercise, nutrition, stress and weight management.

Research health topics from A-Z with the aid of pictures, videos and a variety of tools.

Get access to health-related member discounts such as gym memberships, weight loss programs, vision and hearing care.

And remember, we’re here to answer any questions you may have. Just call the toll-free number on the back of your member ID card!
To log in, simply enter your User ID and Password.

Step 1: To register, you’ll need your Member Number (shown on your ID card) and a valid email address.

Step 2: Fill in all of the boxes and click Continue.

Step 3: Look for an email from us. In the email, click on “Confirm your email address” to confirm your identity. Check your spam or junk mail if you don’t see the email. Your registration is complete. Now you can log in!