

Dear Employee:

Did you know you may be able to save time by visiting your doctor online? With e-Medicine through RelayHealth®*, you can communicate with your physician for non-urgent medical conditions through a secure and confidential website.

Blue Cross and Blue Shield of Florida, Inc. is the first health plan in the state to offer members access to secure online communications with their physicians through the Internet. With e-Medicine, you can:

- Ask your physician a simple question or request a referral
- Schedule or change an appointment
- Get lab and test results
- Request medication refills that your doctor can send directly to your pharmacy
- Receive targeted preventive care reminders
- Consult with your physician through a webVisit®
- Create a personal health record

Administrative services, such as scheduling or changing an appointment, are free of charge. For an online medical consultation, or webVisit, you'll pay the same out-of-pocket amount as a regular face-to-face office visit. There's no charge for the webVisit if your doctor determines an office visit is needed.

It's easy to get started. Simply visit www.bcbsfl.com and click on Members, then **e-Medicine** so you can register and take a tour. **Click here** to see if your family's physicians participate in the program—it's noted by their name on our online Provider Directory. Or, simply ask your physician if he or she is enrolled in e-Medicine so you can start using this convenient service today.

If you have questions about e-Medicine, please call the customer service number listed on your Blue Cross and Blue Shield of Florida member ID card. Give e-Medicine a try!

Sincerely,

Your Benefits Administrator

*Blue Cross and Blue Shield of Florida, Inc. (BCBSF) has entered into a vendor arrangement with RelayHealth® whereby RelayHealth has agreed to provide secure communication to BCBSF members and participating physicians. BCBSF has entered into this arrangement to provide a value-added service to its members and participating physicians. BCBSF cannot guarantee or be held responsible for the quality of services provided by RelayHealth.