



Oral Health for Overall Health

A unique program that helps improve your overall health

Dental health has a significant, direct impact on our overall health. Through Florida Blue’s Oral Health for Overall Health program, our dental and medical plans work together to help you live healthier.

Oral Health for Overall Health provides additional benefits to members with eligible medical conditions that can reduce the severity of these conditions and lower the medical costs associated with them.* Once enrolled, we’ll send you reminders to use these valuable benefits.

Mayo Clinic researchers found that members enrolled in a similar medical and dental care integration program experienced

25%-36%

lower inpatient medical costs and achieved **better health outcomes.***

Valuable benefits at no extra cost

Oral Health for Overall Health provides additional dental services at no extra cost when you visit an in-network provider. There are no waiting periods and program services don’t count toward your annual maximum.

You’re automatically enrolled if you have Florida Blue medical and dental plans and an eligible medical condition (see table below). If you only have a BlueDental plan, you can easily self-enroll at floridabluedental.com/oral-health.

Eligible medical conditions	Two additional cleanings or periodontal maintenance visits, plus:		
	Periodontal scaling covered 100%	Enhanced cleaning to remove excess plaque buildup	Oral health screenings; fluoride treatments
Chronic obstructive pulmonary disease	✓	✓	
Coronary artery disease	✓	✓	
Diabetes	✓	✓	
End-stage renal disease	✓	✓	
Metabolic syndrome	✓	✓	
Oral, head, and neck cancers		✓	✓
Pregnancy	✓	✓	
Sjögren’s syndrome		✓	✓
Stroke	✓	✓	

To learn more, or to enroll, visit floridabluedental.com/oral-health.

*Borah, BJ., Brotman, SG., Dholakia, R., Dvoroznak, S., Jansen, MT., Murphy, EA., Naessens, JM. (2022, March) "Association Between Preventive Dental Care and Healthcare Cost for Enrollees With Diabetes or Coronary Artery Disease: 5-Year Experience." *Compendium* 2022;43(3): 130-139.

Dental plans are offered by Florida Combined Life Insurance Company, Inc. (FCL), an affiliate of Florida Blue and an Independent Licensee of the Blue Cross and Blue Shield Association.

Florida Blue, Florida Blue HMO, Florida Blue Preferred HMO (collectively, "Florida Blue"), Florida Combined Life and the Blue Cross and Blue Shield Federal Employee Program® (FEP) comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. We do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-352-2583 (TTY: 1-877-955-8773). FEP: Llame al 1-800-333-2227.

ATANSYON: Si w pale Kreyòl ayisyen, ou ka resewwa yon èd gratis nan lang pa w. Rele 1-800-352-2583 (pou moun ki pa tande byen: 1-800-955-8770). FEP: Rele 1-800-333-2227. ATANSYON: Si w pale Kreyòl ayisyen, ou ka resewwa yon èd gratis nan lang pa w. Rele 1-800-352-2583 (pou moun ki pa tande byen: 1-800-955-8770). FEP: Rele 1-800-333-2227.