



Cavities are preventable — dental sealants can help

Dental sealants prevent 80% of cavities
in the back teeth, where most occur*

Sealants are a protective, tooth-colored covering that your dentist applies to the surface of your child's back teeth (molars). They make it easier to clean teeth and keep food, bacteria and plaque from getting trapped and causing cavities, which can make it hard to eat, talk and learn.

Apply sealants when molars first surface

Molars erupt from the gums around age 6 for first molars and age 12 for second molars. Sealants can last for several years with proper care, and they are easy to replace if needed. They're easily applied (it takes just minutes), safe and painless!

It's never too early to begin a
lifetime of good dental health.
Learn more about sealants at
floridabluedental.com/sealants-kids.

Sealants save!



Sealants **protect** teeth.



Sealants can **save** a lot
of **money** over a lifetime.

Don't have a dentist for your child?

Visit floridabluedental.com/find-a-dentist to find a dentist near you.

*Centers for Disease Control and Prevention (2016, October). "CDC Vital Signs: Dental Sealants Prevent Cavities – Effective protection for children."
Retrieved from cdc.gov/vitalsigns/dental-sealants.

Dental plans are offered by Florida Combined Life Insurance Company, Inc. (FCL), an affiliate of Florida Blue and an Independent Licensee of the Blue Cross and Blue Shield Association.

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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-352-2583 (TTY: 1-877-955-8773). FEP: Llame al 1-800-333-2227.

ATANSYON: Si w pale Kreyòl ayisyen, ou ka resewa yon èd gratis nan lang pa w. Rele 1-800-352-2583 (pou moun ki pa tande byen: 1-800-955-8770). FEP: Rele 1-800-333-2227.